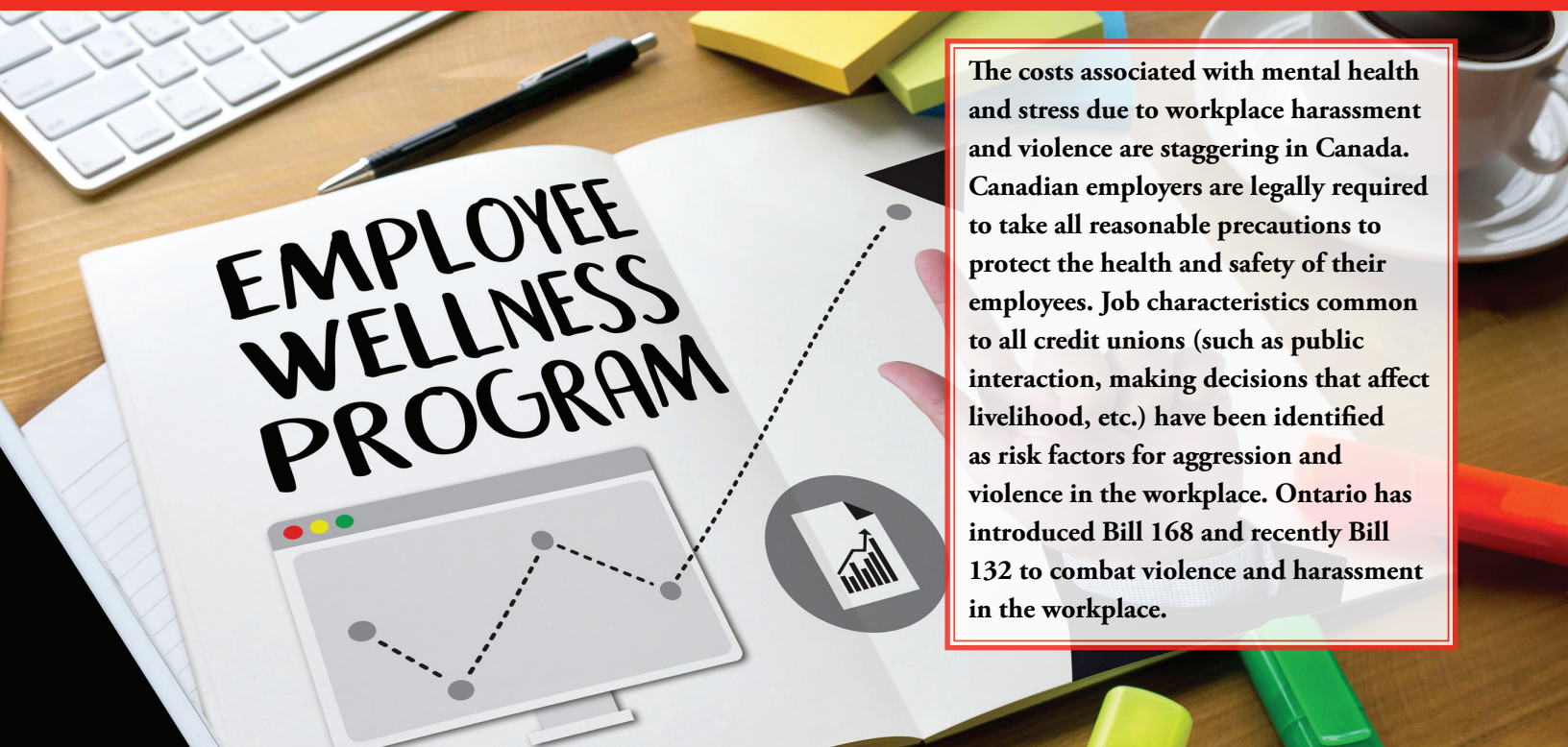


EMPLOYEE WELLNESS & MENTAL HEALTH IN THE WORKPLACE



The costs associated with mental health and stress due to workplace harassment and violence are staggering in Canada. Canadian employers are legally required to take all reasonable precautions to protect the health and safety of their employees. Job characteristics common to all credit unions (such as public interaction, making decisions that affect livelihood, etc.) have been identified as risk factors for aggression and violence in the workplace. Ontario has introduced Bill 168 and recently Bill 132 to combat violence and harassment in the workplace.

AN IMPORTANT WORKSHOP FOR EVERY CREDIT UNION!

DURING THIS WORKSHOP our HR expert examines the importance of recognizing workplace violence and harassment, the indicators and warning signs, as well as practical solutions for taking reasonable precautions as organizations. It will also include implications of new legislation on organizational policies and practices and how to ensure compliance.

Topics Include:

Mental Health in the Workplace

- How to recognize mental health-related issues in the workplace?
- Why do we care?
- How much does mental health cost us annually?

Bill 168 and Bill 132

- Understanding the new definitions of workplace harassment and violence
- What amendments have been made to the Occupational Health and Safety Act under these new bills?

Role of the Organization

- How do the amendments affect our credit unions?
- What changes are credit unions required to make to comply with these new bills?
- How do we ensure compliance of our policies and practices?

Roles of the Human Resources Professional

- How do HR professionals manage issues related to employee mental health and wellness?
- How do HR professionals manage conflict, deal with performance issues, deal with return to work issues related to workplace violence and harassment?

SEPTEMBER 15TH, 2017 · HILTON GARDEN TORONTO AIRPORT WEST, MISSISSAUGA, ON

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EMPLOYEE WELLNESS & MENTAL HEALTH IN THE WORKPLACE



FACILITATOR – JOANNA PITEK, PhD, MIRHR

Joanna Pitek has over five years of experience across multiple functional areas, including: change management, management training assessment and design, human resources research and mental health and wellness in the workplace. She has a PhD in Industrial Relations and Human Resources from the University of Toronto. Joanna has proven experience in collaborating with professionals to bridge the gap between research and practice. Her clients include both private and public sector firms as well as post-secondary institutions in Ontario and Quebec. Joanna has extensive experience in measure development and testing and has presented her research at international conferences. Her research has been recognized by the Human Resources Research Institute.

WHO SHOULD ATTEND

This workshop is a must attend for CEOs, Human Resources Professionals, those responsible for Operations. Branch Managers and all those staff members responsible for employee wellness and/or health and safety in the workplace.

DATE: Friday, September 15th, 2017

TIME: 8:45 AM TO 4:30 PM

REGISTRATION FEE + MEETING PACKAGE:

\$595.00 + 75.00 + \$71.50 (HST) = \$741.50

FEE INCLUDES:

- Training Material
- Continental Breakfast
- Lunch
- 2 nutrition breaks

LOCATION:

Hilton Garden Inn Toronto Airport West

1870 Matheson Blvd

Mississauga, ON L4W 0B3

Telephone: 905-361-6300

**Please contact the hotel directly if a room is required.*

TO REGISTER:

Return the completed registration form via email to:

Candis Mirtl at cmirtl@levelfive.ca

REGISTRATION FORM - EMPLOYEE WELLNESS & MENTAL HEALTH IN THE WORKPLACE

Name: _____

Credit Union: _____

Address: _____

Postal Code: _____

Telephone: _____ Fax: _____

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Payment Enclosed in the amount of \$ _____

Make cheque payable to Level Five Strategic Partners Inc.

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